



## Esthetician - Initial Setup

On behalf of National Testing Network we welcome you to your licensing exam. Here are some basic rules.

- To remain in this exam, you must follow exam rules.
- No food, beverages or smoking are allowed.
- No talking is allowed, except to evaluators. To talk with an evaluator, stay at your station and raise your hand.
- You need permission to leave the testing area.
- You must request permission to go to the restroom.
- The exam timer does NOT STOP if you leave your station.
- Your stool, your kit and your disposal receptacles must be on the floor and underneath your assigned work station.
- You will be given time to ask questions after the instructions for each service. You may ask questions then, but not during the timed services.

During the entire exam, you are being evaluated on personal and client safety, sanitation and infection control procedures. That includes sanitizing your work area before and after each service . . . maintaining cleanliness and strict sanitation while you work . . . and cleaning your station **each** time before the evaluator checks your work. At any point during the exam that you sanitize your hands, indicate that by raising your hands and lightly patting them. You don't need permission to go get a broom and dustpan when you need it.

In a few minutes you will be told to begin setting up your workstation. After you hear the start tone, you will have 10 minutes...with a reminder when you have 3 minutes left. Do not start until you are told to begin. This 10 minute setup includes your mannequin - (not draped yet!) . . . your waste disposal receptacles . . . your towels . . . your disinfectants and sanitizers . . . and your other initial setup items. Only set up your general workstation items. Do **not** set up specific items for a service. You will be able to get in and out of your kit anytime during the exam without permission from the evaluator.

- Remember, do **not** drape the mannequin and don't try to work too fast. You should have plenty of time to perform this setup and to complete each service in the exam without rushing.

*Raise your hand now if you have a question.*

Your 10 minutes begin now. **(Tone)**

**(Tone)** 3 minutes

**(Tone)** Time's up, stop working.

## Esthetician

### Facial

#### Introduction:

The first service you will perform will be a facial. Do not start until you are told to do so. First, you have 2 minutes to set up your facial implements, products and tools. Do **not** drape your mannequin now.

**(Tone) Time's up, stop working.**

You will have 20 minutes to drape your mannequin and demonstrate how a facial is performed, with a 5 minute reminder. Do not start until you are told to do so. After the start tone, drape your mannequin. Cleanse and prepare the face for the facial. When you are ready to begin massage movements, stand back, raise your hand and wait for the evaluator who will observe you perform effleurage over the face once, . . . petrissage over the face once, . . . and tapotement over the face once.

After your demonstration, when the evaluator indicates you should continue, perform your finishing steps. Then clear facial items from your station, clean your station and stand back.

You may ask questions now but remember questions are not allowed after the timer has started.

*Raise your hand now if you have a question.*

Your 20 minutes begin now. **(Tone)**

**(Tone)** 5 minutes

**(Tone) Time's up, stop working.**



## Esthetician

### Facial Mask

#### Introduction:

The next service will be a facial mask.

You have 2 minutes to set up your implements, products and tools. **(Tone)**

**(Tone) Time's up, stop working.**

You will have 10 minutes to perform a facial mask service, with a 3 minute reminder. Do not start until you are told to do so. After the start tone, begin the service. Apply the facial mask and raise your hand to simulate dry time. After the evaluator checks your work and tells you to continue, remove the mask and finish the service. Then, clear facial mask items from your station and stand back.

*Raise your hand now if you have a question.*

Your 10 minutes begin now. **(Tone)**

**(Tone)** 3 minutes

**(Tone) Time's up, stop working.**



## Esthetician

### Manual Extraction

#### Introduction:

The next service will be a simulated manual extraction.

You have 2 minutes to set up your implements, products and tools. **(Tone)**

**(Tone) Time's up, stop working.**

You will have 10 minutes to simulate a manual extraction on the forehead, with a 3 minute reminder.

After the start tone, begin the service. When you are ready for an evaluator to observe you perform the extraction, stand back and raise your hand. After the extraction, when the evaluator tells you to continue, finish the extraction service. Then, clear extraction items from your station and stand back.

*Raise your hand now if you have a question.*

Your 10 minutes begin now. **(Tone)**

**(Tone)** 3 minutes

**(Tone) Time's up, stop working.**

## Esthetician

### Tweezing and Waxing

The next services will be tweezing and waxing. You have 2 minutes to set up your implements, products and tools for *both* services. **(Tone)**

**(Tone) Time's up, stop working.**

First, you will have 10 minutes to simulate tweezing the right eyebrow, with a 3 minute reminder. After the start tone, prepare the right eye area for tweezing. When you are ready for an evaluator to observe you simulate tweezing, stand back and raise your hand. When the evaluator tells you to continue, finish the tweezing service. Then, clear tweezing items from your station and stand back.

*Raise your hand now if you have a question.*

Your 10 minutes begin now. **(Tone)**

**(Tone)** 3 minutes

**(Tone) Time's up, stop working.**

The next service is waxing. You will have 10 minutes to simulate a waxing procedure on the left eyebrow, with a 3 minute reminder. After the start tone, prepare the left eye area for waxing. When you are ready for an evaluator to observe you apply and remove wax, stand back and raise your hand. When the evaluator tells you to continue, finish the waxing service. Then, clear waxing items from your station and stand back.

*Raise your hand now if you have a question.*

Your 10 minutes begin now. **(Tone)**

**Timing: 10 minutes to simulate a waxing service.**

**(Tone)** 3 minutes

**(Tone) Time's up, stop working.**



## **Clean up and Sanitation**

The last part of your exam is to completely clear, clean and sanitize your area. That includes sweeping all hair from the floor and packaging all garbage to take with you. You may not leave disposable materials or anything else in the facility. When you are ready to leave, stand back and raise your hand. An evaluator will check your area and release you to leave. You will be evaluated on how clean you have left your area.

Your test administrators cannot answer questions about how you did on today's exam. Within one week, your exam results will be posted on your online account page and you can access them with your user name and password. Your scores are not going to be sent to your school. The Exam Preparation Guide has information about how you get your license once you have passed.

Begin cleaning now. **(Tone)**